

## Project Overview & Background

The **Co-Creating Evidence Project** is a multi-site evaluation of eight community-based programs from across Canada that support women to prevent Fetal Alcohol Spectrum Disorder (FASD). The programs are located in BC, Alberta, Saskatchewan, Manitoba, Ontario, and Nova Scotia.

Preventing FASD requires a range of efforts from general awareness to targeted prevention and treatment services. In the Canadian four-part FASD Prevention Model, Level 3 programs work with women at highest risk by providing low barrier holistic services for pregnant or parenting women who have substance use, mental health and/or trauma-related issues. However, many of the Level 3 programs in Canada have either not been formally evaluated or their evaluations have not been published. Evaluation also can be challenging as the issues the programs address are complex.

## Project Goals & Research Questions

The project's overall goals are to: bring together many of Canada's holistic FASD prevention programs to share promising approaches and practices, and key outcomes/indicators; and to undertake a multi-site evaluation that evidences the effectiveness of this level of FASD prevention programming and identifies characteristics that make these programs successful.

The project's primary research questions are:

- **What are common elements of the diverse Level 3 programs across Canada)?**
- **What program components are helpful from women's perspectives?**
- **What are best measures to evidence outcomes and what outcomes are being achieved?**

## Project team

The project is being led by Deborah Rutman, PhD, Carol Hubberstey, MA and Marilyn Van Bibber (Principals, Nota Bene Consulting Group), in partnership with Nancy Poole, PhD (Director, Centre of Excellence for Women's Health).

## Project Timeline:

	Y1 (Feb 2017)	Y2 2017/18	Y3 2018/19	Y4 2019/20	Y5 to Oct '20
<b>Gathering literature</b>					
<b>Developing a Framework</b>					
<b>Multi-site data gathering</b>					
<b>Data analysis and writing</b>					
<b>Knowledge exchange</b>					